

Women, 5 Tips to Keep the Magic Alive in Your Marriage



By Mike Stewart

Men Talk To Your Woman



Tip 1

Make weekly day trips a priority

Schedule your day trips or weekend getaways at the beginning of the month and make them immovable. That way four times a month the two of you can be alone without interruptions.



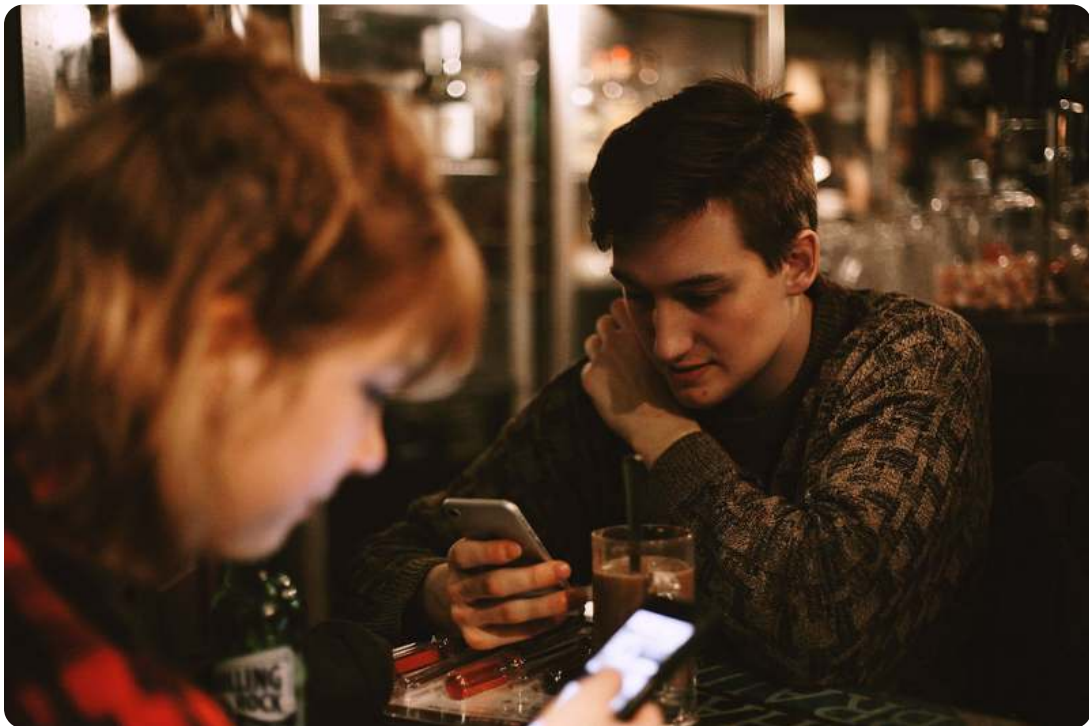


Tip 2

While on your dates focus on fun things to do

Avoid talking about work, the kids, money, or topics that cause stress. (this may take some practice). If possible, revisit places that you went when you were dating and relive the memories and feelings you had back then. Budget funds to make your trips possible and if you are on a tight budget it can be as simple as grabbing take-out and going to a park or the beach.

Plan fun things ahead of time and set your cell phone voicemail to the out-of-office greeting to avoid interruptions during your time together.





Tip 3

Watch the video or review the photos from your wedding

Watch the video of your wedding day or sit together and review your wedding photo album. Remember how in love you were with each other, see the faces of your guests and family who were there to support you. Recall the vows you made and share with your spouse how you felt on that day and your desire to keep the magic alive in your marriage.





Tip 4

When you think back to when you were dating, what attracted you to each other?

When you were dating and you knew you were going to get married, recall the plans you made, the special times you spent together, and the vision you both had for your lives together. Talk about ways to make that vision a reality.





Tip 5

Forgive Your Spouse

Forgive the mistakes your spouse made in the past and ask forgiveness for your part in any disagreements. Commit to not let petty things come between you and agree to talk about things that come up. Create a new agreement together based on the love and respect you still have for each other and visualize what your lives will be like in your future, it's not too late.





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